

2nd ArtWell NET project meeting

Arts as a way to make sense of the world

20th and 21st of April 2026, Szczecin, Poland

[REGISTRATION LINK](#)

PROGRAMME

DAY 1: 20TH OF APRIL 2026

LOCATION: Marshal Office of Westpomeranian Region,
Mazowiecka 14, 70-526 Szczecin, Poland



Funded by
**SI. Swedish
Institute**

12:00-13:00	Registration & Light lunch
13:00-13:20	Welcome speech Anna Bańkowska – Deputy Marshal, Westpomeranian Region Elias Sandling - Sunderby Folk High School
13:20-14:00	Toolbox for link-workers and art-facilitator Dr. Ernests Pūliņš-Cinis - physician-psychotherapist at the Rīga Stradiņš University, Clinic of Psychosomatic Medicine and Psychotherapys
14:00-14:30	Experts input Jarosław Rebeliński - art therapist, director and coach, YouArt Creative Development Foundation TBC Maryana Kodina - Actress, director, educator, founder of the Solomiya Theatre, Director of the Department of Culture and Tourism, Kołomyja, Ukraine Marie Tuvesson - Art Facillitator, Region Norbotten, Sweden Edyta Ruta – coordinator of the “Culture and Health” program in Bielsko-Biała, PASMO Social Resilience Institute
14:30-15:00	Coffee and Wellbeing break Katarzyna Szewciów – cultural animator and bodywork facilitator combining dance therapy and relaxation techniques with international projects at the Baltic Sea Cultural Centre in Gdańsk.
15:00-16:00	Workshop: Toolbox discussion
16:00-17:00	Workshop: Arts on Prescription in practice Maria Antonina Bystrzycka - photographer, art facilitators (TBC)
19:00:23:00	Networking dinner

PROGRAMME
DAY 2: 21TH OF APRIL 2026

LOCATION: Academy of Art in Szczecin,
Orła Białego 2, 70-562 Szczecin, Poland



09:00-11:00	<u>Study visit in Academy of Art in Szczecin</u>
11:15-12:15	<u>Joint optional visit: Dialogue Centre Upheavals or Pomeranian Medical University in Szczecin</u> TBD
12:30-13:30	Light farewell lunch