# Welcome to the workshop:

# Transfeering Social Innovations Across the Baltic Sea Region

## **Programme**

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9:30 - 9:45 Opening
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9:45 - 10:50 What is innovation transfeer?

10:50 – 11:15 Healthy break

11:15 – 12:30 Putting innovation transfer to practise

12:30 – 13:30 Lunch

13:30 – 16:00 Practical workshop

14:40 – 15:00 Healthy break

16:00 – 16:30 Closing

17:00 Optional light dinner and mingle





Moderator: Hauke Siemen

# **Session 1: What is innovation transfer?**

Introducing Social Innovation Transfer: Key Factors for Consideration, Saara Rissanen, NDPHS Secretariat

Strategic Framework for Cross-Sectoral Collabroation Network for Health and Well-being in the Baltic Sea Region, Anita Villeruša and Aija Bukova-Židelūna, Public Health Association of Latvia

Approaching Innovation Transfer through Transnational Collaboration, Hauke Siemen, REM Consult







# Session 2: Putting innovation transfer to practice

Transferring best practices - Mission impossible or just new challenges? Sofi Nordmark, National Board of Health and Welfare of Sweden

Breaking down barriers: The global expansion of mental health support through innovation, Helina Harro, MinuDoc

Navigating uncertainty: Ukraine's innovative approaches to employee well-being amid conflict, Elena Bondar, Wellbeing Company







Practical Workshop: Applying theory into practice with a thematic focus on the sustainability of working life

Karin Reinhold, Associate Professor, Tallinn University of Technology

Monica Varem Pettersen, Section Leader, Norwegian Labour Inspection Authority

Saara Rissanen, NDPHS Secretariat







# Group work: Let's design a prototype innovation transfer proejct!

- 1. Where, how and with whom could you facilitate and pilot the innovation in each involved country?
- 2. How would you organise the knowledge transfer transnationally?







