







CIRCE-JA

Transferring Best Practices – Mission impossible or just new challenges?

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Agenda

- 1. Presentation of the CIRCE-JA project
- 2. Methods used
- 3. Evaluation and lessons learned







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Ja Transfer Of Best Practises In Primary Care









Goal

EU4Healthprogramme

Strengthen health care systems by strengthening primary care

Increase member countries' ability to implement innovative care models

Share and increase knowledge about scalable and sustainable implementation of new care models











Scope

14 EU countries

Transfer and implement 6 Best Practice (BP)

45 implementation sites in 12 countries

TELEA: Home telemonitoring in Primary Care for chronic disease and Covid-19, Spain











The Swedish participation

Competent Authority (CA),

- Link between EU-coordinator/WP-leaders and the Norrbotten
- Support knowledge sharing, implementation and evaluation
- Terminology
- Guide for sustainable implementation

Affiliated Entity (AE)

- Transfer BP, pilots
- Up-scale?
- Knowledge building









Galicien



- Population 2,7 miljoner
- 29 574 km²
- 26,3% (31%) over 64 years of age
- 463 HC
- ~8000 healthcare personnel SERGAS, ~3000 physicians
- 2-14, 463 HC
- Rural area
- Hypertension, heart failure, COPD, COVID 19, obesitas op, diabetes type 1 and 2, frail elderly
- Own their equipment
- From 15 years of age, now all ages

Region Norrbotten

- Population 250 000
- 98 245 km²
- 25% (38%) over 65 years of age
- 30 HC
- ~900 healthcare personnel, ~70 physicians
- 4 HC
- Rural area, one city
 Hypertension, heart failure
- Borrowed equipment
- From 18 years of age











Region Norrbotten









Patient asked and informed about monitoring -borrow equipment weight scale, blood pressure, pedometer

On boarding of the patient

Monitoring

Patient's daily measurements, alerts and deviations, chat, phone, video



Self-selected or planned End of monitoring









TO-REACH

Normalization Process Theory (NPT)

Methods

Knowledge about

- implementation theories (Rogers etc)
- theories of change (Kotter etc)









CIRCE-JA communicated with support of NPT

Why? What? Increase the ability to implement innovative care Transferring BP models to support the change of the healthcare Knowledge building system by strengthening primary care Knowledge guide to support implementation of health-related digital solutions How? Whom? Transfer and pilot BP The National Board of Health and Welfare Knowledge sharing: meetings, study visits Region Norrbotten (management and staff) Using a mixed method for research **Patients** Member states









The TO-REACH framework highlights four key elements:

- 1. Identify innovations with potential > CIRCE Six Best Practices
- 2. Understand characteristics of service and policy innovation
- 3. Understand characteristics of the originating (BP sites) and receiving systems (implementation sites)
- 4. Understand and predict process of translation and transfer.



Source: TO-REACH Strategic Research Agenda, https://to-reach.eu/wp-content/uploads/2019/05/TO-REACH-draft-SRA_May-16-2019_FinalV.pdf









Factors that influence transfer of BP

- Consensus what BP is
- Understanding the BP and adjust it to the context
- Knowledge sharing
- Laws and regulations
- Human resources
- Strategic decisions in place (funding, management, equipment, up-scaling)
- Transparency and communication
- Training, support
- Engaged management
- The "What" top-down
- The "How" bottom-up
- Early plan for what, how and when to evaluate









Worked well:

Collaboration to identify workflow, differences/similarities between healthcare systems and other contextual factors Knowledge sharing

Lessons learned

Improvement potential:

Consensus of what the BP was

Collaboration between the WP-leaders

Training program

Plan for evaluation/companion research, internal routines

Challenges:

Not the technology, the cultural change









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