



Connecting minds
for healthy lives

Winter Newsletter 2021

Dear Reader,

As another extraordinary year is approaching its end, we take a moment to reflect on our Partnership's journey during the last months.

We are proud of what we have accomplished together with all of you and our main message today is that of gratitude.

Thank you from the NDPHS Secretariat's team for being with us during the past year. What a challenge this year has been for everyone, juggling the professional obligations and the complications to everyday life that the pandemic has brought - yet you have been present, have contributed and have supported us along the way. Thank you!

We wish you to have a wonderful end-of-year break filled with love, warmth, peace and contemplation. If you are reading this message already from 2022 - welcome back and have a good start to the year.

NDPHS Secretariat's team,
Silvija, Wiebke, Zane, Imants, Saara, Ülla-Karin

NEWS



Connecting minds for healthy lives.

Sharing knowledge. Learning from each other. Caring for people.

NDPHS is delighted to announce our new visual identity! It is inspired by traditional weaving and characteristic folk patterns that are uniquely associated with the Northern Dimension area. Although being contemporary and minimal, geometric shapes and lines evoke nostalgic memories of warm sweaters, cozy scarves, and traditional blankets. Graphic solutions for the NDPHS were developed considering the Northern Dimension branding and aim at serving as complementary and compatible elements.

The threads are intertwined with each other just as partner countries work together to create a strong and efficient partnership. Connecting together they form the „X” sign, which is commonly used as a symbol of collaboration.

The color palette with shades of blue creates a resemblance to water and snow that are so common across the area in combination with warm ruby red associated with a human touch and health.

empower Northern Stakeholders" (Mittens). The new visual identity will be adopted and fully integrated during the first half of 2022.

[Read more](#)

Partnership Annual Conference

The ministerial-level NDPHS Partnership Annual Conference (PAC 15) was held on 25 November 2021 as an online event. Mr. Adam Niedzielski, Minister of Health of Poland, hosted and chaired the Conference. Ministers responsible for health and social affairs and other high-level representatives of Partners participated in the PAC.

The main theme of the Conference was active and healthy ageing. Partner Countries, the European Commission and the Partner Organizations shared their vision on the subject and how the NDPHS can best contribute. Naturally, the experiences and approaches differ, but there were many common points raised that will serve as a guidance for further joint work.

The Partners stressed that COVID-19 pandemic has shown the true magnitude of the areas that had previously been away from the spotlight. One such area is the loneliness and isolation of older people, which magnified manifold during the pandemic and has led to dire consequences for mental health. The pandemic also confirmed that digital solutions are crucial for health and social care, as well as social contacts, learning and job opportunities, but we must be smart in adopting the digital solutions so that they are leading towards true inclusion rather than create more inequalities.

The Partners agreed that the NDPHS provides a good forum for sharing experiences and learning from each other and adopted the NDPHS Manifesto “Connecting minds across the ages,” which supports the UN Decade of Healthy Ageing 2021-2030 and will further guide the Partnership’s work in this area.

[Read the NDPHS Manifesto](#)

Furthermore, the Partners took stock of the progress made during the last two years and discussed the strategic direction of the Partnership.

The thematic focus of the seven Expert Groups' work will remain and will cover the topics of antimicrobial resistance, alcohol and substance use, HIV, tuberculosis and associated infections, non-communicable diseases, occupational safety and health, primary health and prison health care. The Partnership will also work with the overarching horizontal themes of active and healthy ageing, digitalization, integrated care and mental health.

The PAC appointed Sweden as the Partnership Chair and Lithuania as the Co-Chair for the period of 1 January 2022 – 31 December 2023.

[Read the Chair Conclusions](#)

Connecting Minds Across the Ages

Sharing. Learning. Caring.

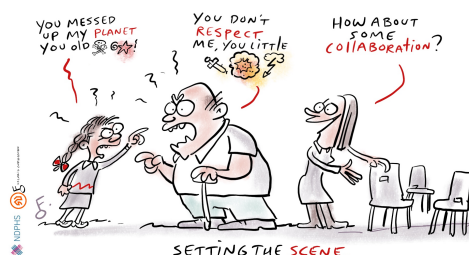
Side Event to NDPHS Partnership Annual Conference
23 November 2021, 9:00–13:00 CET
Online

Online Conference: Connecting Minds Across the Ages

The online conference was organized as a side event to the NDPHS Partnership Annual Conference with the debate around two central themes with guest panels of invited experts for each of them:

- Combating ageism: transforming public attitudes and addressing ageism in healthcare and at the workplace;
- Connecting ages: promoting intergenerational contacts and inclusivity of older people in service design and policymaking.

[Read more](#)



Joining our virtual stage in interviews and two panel discussions were nine inspiring thinkers on active and healthy ageing in the Northern Dimension area.

[Watch a full recording](#)

September 28

9:00-11:30 CET
Online

Webinar: Indoor Environment Quality and Health

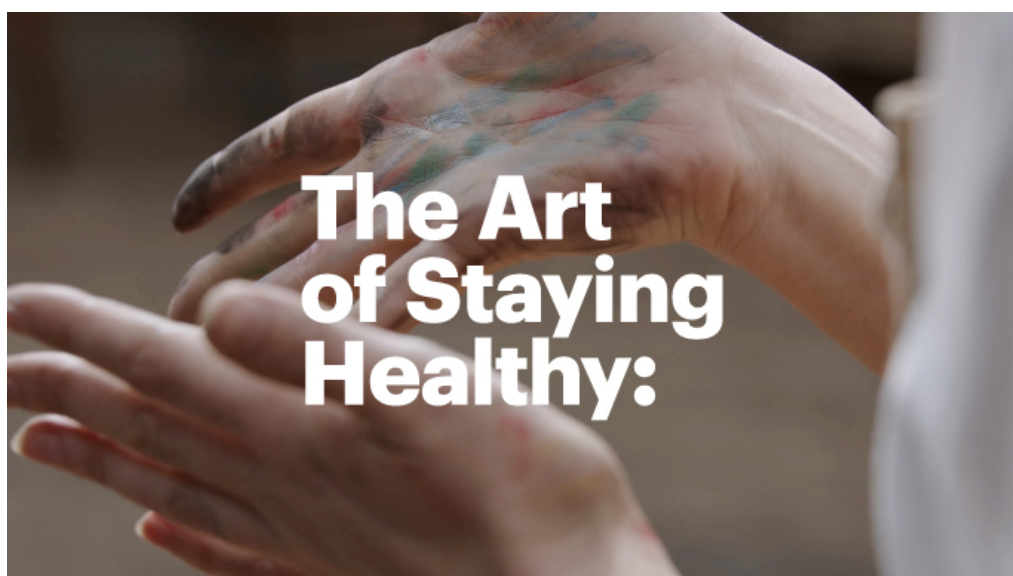
During the Covid-19 pandemic, studies have shown the close relations between indoor climate parameters and the spread of SARS-CoV-2. Now more than ever it is important to pay attention to the indoor environment and have ventilation systems optimized, to mitigate health risks where we live, play, study, and work by applying energy-efficient and cost-efficient solutions.

By bringing together various stakeholders and initiating a dialogue the webinar aimed at contributing to a mindset change around the topic and at emphasizing the impact of the indoor environment on people's health and quality of life.

[Watch a full recording](#)

The event was co-organized by the PA Energy and PA Health coordinators during the 12th Annual Forum of the EUSBSR: REVITALIZE, RECOVER, RECHARGE.

[Read more about the EUSBSR Annual Forum 2021](#)



Can culture improve our well-being?

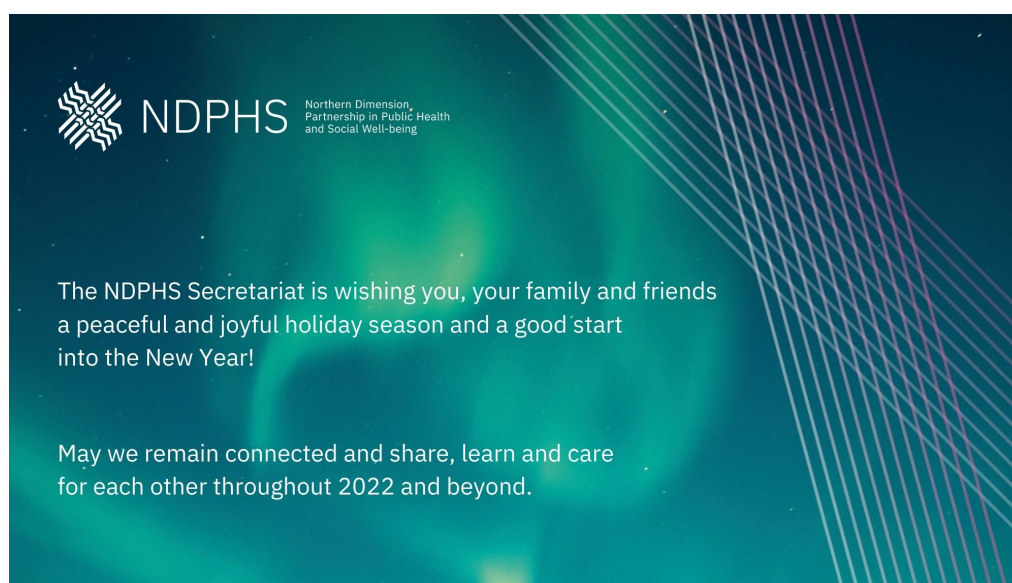
At the beginning of the summer of 2021 a programme called “The Art of Staying Healthy” was launched. During the open call we received 56 eligible

evaluation process, the project team was so impressed by the quality and relevancy of the project ideas, that the available funding was more than doubled from EUR 45,000 up to nearly EUR 110,000. This provides the opportunity for twice as many projects to be piloted than originally planned at the start of the programme.

In the programme “The Art of Staying Healthy”, participants receive funding for pilot projects, the opportunity to participate in knowledge-based workshops, mentoring support and onsite visits. The duration of the programme is till the end of 2022. The participants will receive support to establish a community and a peer-to-peer network that will remain in place and function after the programme ends.

The Art of Staying Healthy programme is a part of the joint project between NDPC and EUNIC “Support to the NDPC”, co-funded by the European Commission.

[Read more](#)



See you in 2022!



Northern Dimension Partnership in Public Health and Social Well-being

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